## **Evidence-Based Practices to Increase HPV Vaccination Rates**

### 1. Education

The key message is: HPV vaccine safely prevents HPV-associated cancers.

- a. Educate physicians and providers, their staff, and patients and families about what we already know, what we have learned, and what this vaccine will do for our patients.
- b. Participate in quality improvement projects designed to improve rates of HPV vaccine delivery. For example, the American Academy of Pediatrics (AAP) <u>EQIPP</u> online learning program is free for AAP members and also would benefit family physicians. Physicians can earn continuing medical education credits and meet MOC Part 4 requirements.

#### 2. Communication

A strong recommendation from the physician is the single most important determinant of vaccine acceptance.

- a. Use key messaging techniques:
  - i. Provide information about what to expect at the next visit.
  - ii. Do not assume there will be resistance to HPV vaccine.
  - iii. Bundle the three preteen vaccines. "Today, your child will receive the three vaccines recommended for this age: Tdap, HPV, and MenACWY." Do not discuss any difference in school requirements.
  - iv. In response to concerns/questions/hesitation:
    - 1) Establish common ground: You and parents have the same common interest: the patient's health and safety. Share your own experience: "I gave it to my children" or "I plan to give it to my children when they are eligible."
    - 2) Acknowledge and specifically address concerns that families express.
    - 3) Emphasize that parents are *choosing* to give a vaccine that will prevent cancer in their child ... what better gift?
- b. When needed, consult trusted experts, champions, other stakeholders for guidance.
- c. Advocate in the community. You are the medical expert. The community wants to hear *your* opinion and benefits from *your* knowledge about the vaccine.

### 3. Vaccine Delivery

- a. Ensure consistent messaging from your entire office/clinic staff, especially medical assistants.
- b. Review vaccine status at *all* visits and administer vaccines that are due or past due even if this is not a standard well-patient visit.
  - i. Use reminder/recall systems, e.g., forecasting; recall function of the electronic health record (EHR) and Immtrac2; or a "tickler" card system, especially for series completion.
  - ii. Take advantage of visits for physicals and vaccines required for college enrollment and for jobs after high school graduation to ensure the series is begun and instructions for completion given.
  - iii. Make appointments to complete the series at the time the series is initiated.
- c. Use standing orders.
- d. Consider involvement of school nurses to help deliver education on HPV and HPV vaccine to teens and their families.

# 4. Tracking Progress in Vaccine Delivery

- a. Within each practice, designate an individual to ensure the EHR is functioning to generate interval reports of immunizations by physician.
- b. Each physician: Know your own rates (audit/feedback)! Review your own immunization tracking trends at regular intervals, e.g., monthly or every three-six months, and determine what interventions will facilitate improvement when needed.
- Participate in data uploads to Immtrac2 with periodic validation checks to ensure data are transmitted.
  - i. Review rejections from Immtrac2 and make needed corrections.
  - ii. Help 18-year-olds provide consent for data to be maintained in Immtrac2.
  - iii. Inform and assist new Texas residents whose children were born out of state to consent for immunization data to be submitted to Immtrac2.
- d. Know trends in HPV vaccine coverage rates by county, state, and nation.